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PORTRAIT OF A PATIENT™:

A NEW, PATIENT-CENTRIC
WAY TO LEARN ABOUT
COMPRESSION THERAPY

CHRISTINE MURPHY





LIVE Q&A

*SEND IN YOUR QUESTIONS BY
COMMENTING ON THE VIDEO*

LEARNING OBJECTIVES

By the end of this session, you will:

- Understand the role of compression therapy
- Appreciate the challenges of compression bandaging from both clinician and patients' perspectives
- Recognise the commonly encountered factors that result in non-compliance
- Understand how 3M™ Coban™ 2 Two-Layer Compression System works and how it can address common concerns of both clinicians and patients
- Know how to apply Coban 2 Compression System
- Appreciate how to have conversations about compression therapy with patients with venous leg ulceration.

ABOUT VENOUS LEG ULCERS

-  Venous leg ulcers are increasing in prevalence globally¹
-  They are caused by underlying venous disease
-  Compression therapy has long been recognised as the gold standard treatment for:
 - Preventing venous leg ulceration
 - Healing active ulceration
 - Preventing recurrence.
-  Compression therapy can be applied in numerous ways, for example, using compression bandaging hosiery or wraps
-  This Facebook Live event will focus on compression bandaging, specifically, the use of Coban 2 Compression System.

VASCULAR ASSESSMENT

- Before using compression therapy on someone with a diagnosed venous leg ulcer, **vascular assessment should be performed**
- Vascular assessment is important to **rule out arterial disease** which may affect blood flow in the affected limb
- In people with arterial disease, application of **compression can reduce blood flow further**, potentially threatening the limb
- Local guidelines should be followed to **obtain a Doppler assessment** to determine an ankle brachial pressure index (ABPI)
- Coban 2 Compression System is indicated for people with venous leg ulcers with an **ABPI of 0.8 or more**.

COMPRESSION BANDAGING: CLINICAL CHALLENGES

Challenges of compression therapy include:

- Clinician-related factors (including competency with application)
- Patient-related factors (including low tolerance of compression bandaging).



REMEMBER:

Coban 2 Compression System can help to address some of these issues, and Portrait of a Patient demonstrates how to use and apply the system correctly.

INTRODUCING PORTRAIT OF A PATIENT



Portrait of a Patient provides a new way to learn about compression therapy, using animation to work through clinical scenarios in five steps:

1. Introducing Cynthia
2. The science of compression
3. Cynthia's challenges
4. Coban 2 Compression System
5. Cynthia's thoughts.

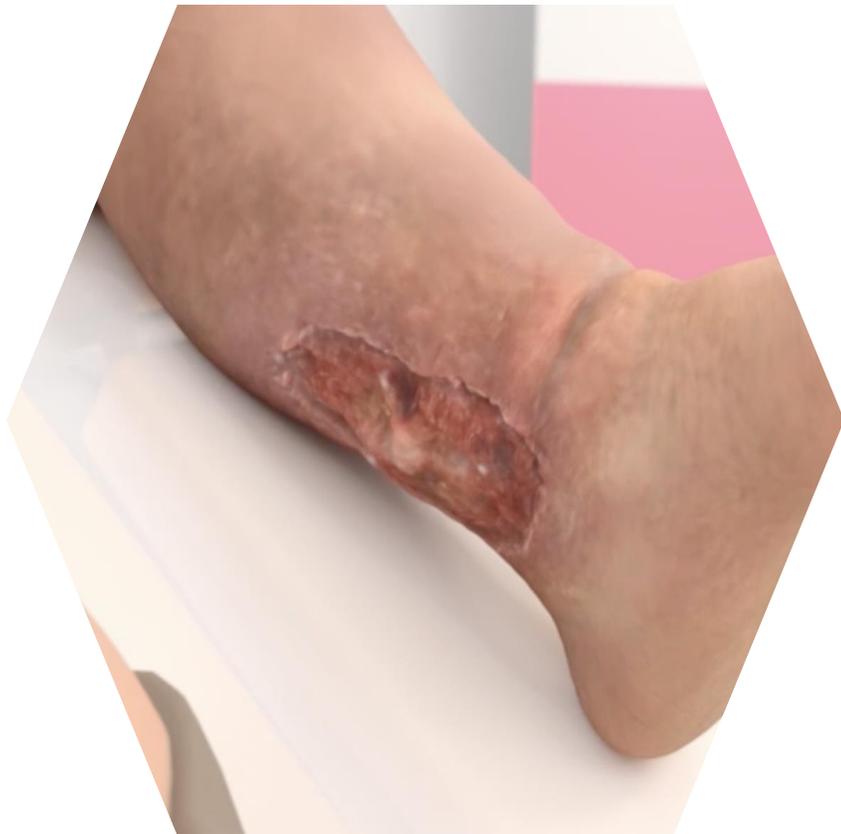
1. INTRODUCING CYNTHIA



- Cynthia is a 67-year-old woman who has lived with a venous leg ulcer for the past 5 years
- She has had previous negative experiences of wearing compression bandaging
- **Let's hear from Cynthia herself...**

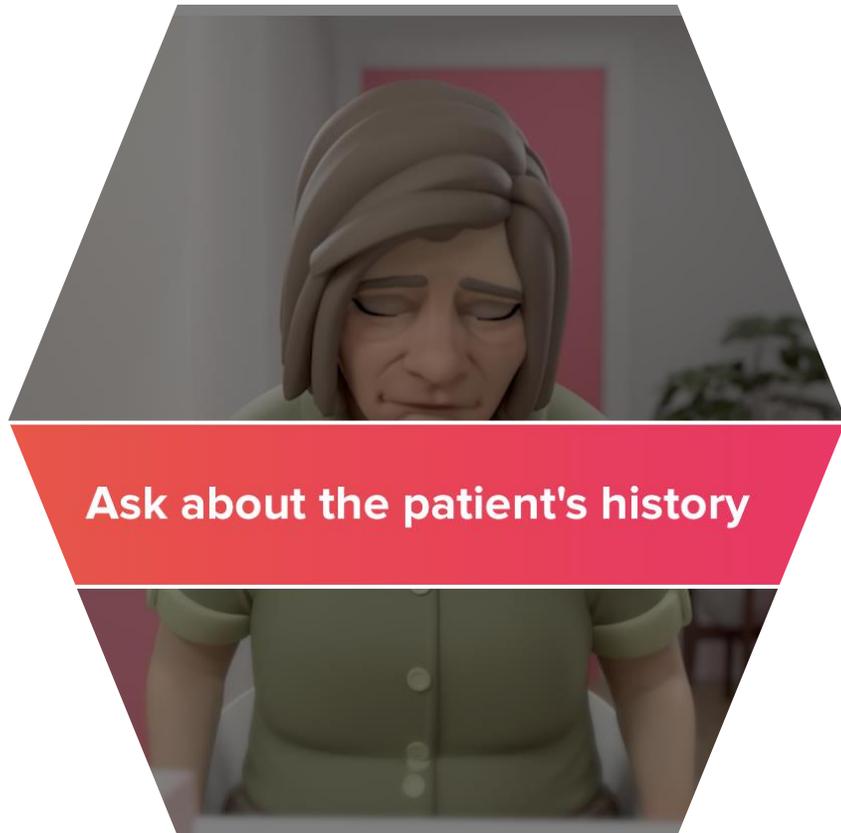


1. INTRODUCING CYNTHIA



- Cynthia is a typical patient with venous leg ulceration
- As is often the case in patients with venous ulcers, Cynthia has presented in clinic when living with her symptoms has become intolerable.

1. INTRODUCING CYNTHIA



- Once Cynthia has expressed her concerns, interactivity within the module provides prompts, such as 'ask about the patient's history', to further guide the conversation with Cynthia
- This helps to ensure all aspects of the impact of her condition on her health and wellbeing are explored fully.



1. INTRODUCING CYNTHIA



Next, the clinician aims to establish if Cynthia understands what compression therapy is and how it works to correct the underlying problem with her veins that is causing her ulcer



It is important to determine the level of patient knowledge, since evidence indicates that understanding the role of compression in alleviating symptoms and promoting healing can help improve tolerance of compression therapy in some people.

2. THE SCIENCE OF COMPRESSION



In this section, we see the clinician explaining how the Coban 2 Compression System works by presenting a cartoon to Cynthia, that uses a **giraffe** and **flamingo** to explain the mode of action.





3. CYNTHIA'S CHALLENGES



- Following the patient video, the clinician resumes discussion with Cynthia, to establish her understanding of what she has seen, and if she appreciates the role that compression therapy plays in healing her wound
- Cynthia finds the video informative but **raises the concerns that she has.**

3. CYNTHIA'S CHALLENGES



4. COBAN 2 COMPRESSION SYSTEM



- Following consultation with Cynthia, the clinician addresses her concerns
- Cynthia considers the Coban 2 Compression System and agrees to give it a try
- Portrait of a Patient progresses to provide the clinician with **detailed guidance on correct application.**

4. COBAN 2 COMPRESSION SYSTEM



The next stage of the module demonstrates correct application, step by step

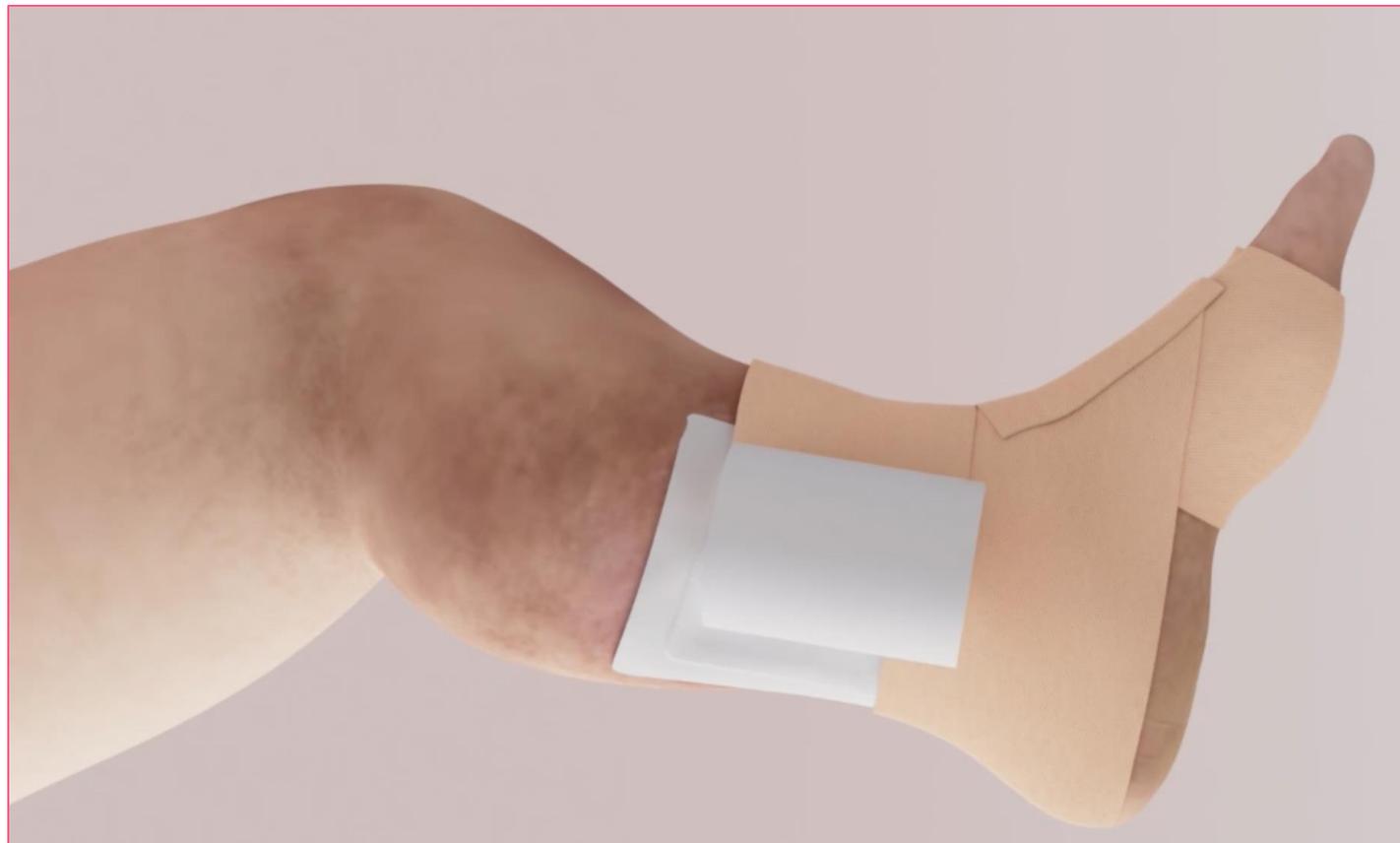


It addresses common challenges for the clinician that can present when applying compression, such as the management of skin folds



It highlights the proven benefits of Coban 2 Compression System throughout the application, describing how these can help both patient and clinician with compression therapy.

4. COBAN 2 COMPRESSION SYSTEM



4. COBAN 2 COMPRESSION SYSTEM

The proven benefits of Coban 2 Compression System are also outlined, describing how these can help both patient and clinician with compression therapy:



Fast and easy application



Not made with natural rubber latex



Helps enable a more normal lifestyle.



Therapeutic compression that stays in place



Conforms to patient anatomy



Comfortable to improve patient compliance



Provides consistent compression

Key benefits:



5. CYNTHIA'S THOUGHTS



- The final part of the module revisits Cynthia, to see how she has coped with her compression bandaging.



CONCLUSIONS

We hope you enjoyed meeting Cynthia and finding out more about Portrait of a Patient.



The session hopefully demonstrated the importance of compression therapy, engaging the patient in their treatment and listening and addressing their concerns where possible



The session also highlighted the benefits of the Coban 2 Compression System and how they can benefit both patients and clinicians alike



The patient should be at the centre of their care and work in partnership with the clinician to find an acceptable management approach.

VISIT PORTRAIT OF A PATIENT

- We hope this Facebook Live event has helped demonstrate how Portrait of a Patient can enhance your clinical practice.
- Register for free on the website now:
www.portraitofapatient.com





WOUND CARE TODAY

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