



08.30–10.00	<b>Registration and exhibition</b>
10.00–10.15	<b>Opening remarks</b> by Pam Cooper, <i>clinical director; lecturer, Birmingham City University</i> <b>and introduction of event chair</b> Helen Shoker, <i>lead nurse, Coventry and Warwickshire Partnership Trust</i>
10.15–12.00	<b>What has happened in wound care since we last met in February 2020</b> <ul style="list-style-type: none"><li>• The pandemic has changed the landscape of service delivery across primary and secondary care settings</li><li>• Remote consultations are here to stay, so we need to maximise their potential for the benefit of both patients and clinicians</li></ul> Speaker: Jane Todhunter, <i>vascular nurse practitioner, North Cumbria University Hospitals</i>
	<b>Embracing technology platforms to improve patient outcomes</b> Speaker: David Gray, <i>Professor, Birmingham City University</i>
	<b>Tissue viability — a new scope</b> Speaker: Jenni MacDonald, <i>lead nurse tissue viability, NHS Lothian</i>
	<b>Adapting wound care services to provide seamless care during Covid-19</b> Speaker: Gemma Davies, <i>clinical lead, Shropshire Community Health NHS Trust</i>
	<b>Discussion and questions from the audience</b>
12.00–14.00	<b>Lunch/exhibition/skills zone</b>
14.00–14.45	<b>The impact of Covid-19 on the skin</b> International speaker: Dr William J Ennis, <i>Professor Wound Healing and Tissue Repair, University of Illinois at Chicago</i> During this session you will learn about the: <ul style="list-style-type: none"><li>• Anatomy at the macrovascular and microvascular level and how the microcirculation plays a key role in all organ function</li><li>• Pathophysiology of Covid infections — specifically the impact on the endothelial lining</li><li>• Long-hauler phenomena, which has the potential to impact wound care clinics in patients with non-healing wounds well past the current pandemic, and how the viral infection has long-term implications for wound healing</li></ul>
14.45 – 15.15	<b>Infection, obesity and lymphoedema — treatment and management</b> Justine Whitaker, <i>senior lecturer, University of Central Lancashire</i>
15.15–16.15	<b>Break/exhibition/skills zone</b>
16.15–17.15	<b>Free papers — presentation of six free papers</b>
17.15–17.45	<b>Nutrition: how do we change its prioritisation in wound healing and make it key to our clinical pathways?</b> Speaker: TBC
17.45–18.00	<b>Summary/evaluation of today's event</b>



08.30–9.00	<b>Exhibition opens</b>
09.00–09.30	<b>Friable skin — diagnosing and treating skin tears, haematomas, cellulitis, malignancy, bullous pemphigoid</b> Speaker: TBC
09.30–10.00	<b>Diagnosing and treating local wound infection</b> Speaker: Professor Val Edward Jones, <i>emeritus professor of medical microbiology, International Medical University</i>
10.00–11.00	<b>Break/exhibition/skills zone</b>
11.00–12.30	<b>Optimising your own performance — mental fitness session</b> Everyone knows that we should eat well, exercise regularly and sleep more, but not many of us know how to maintain a healthy mindset. During this session you will learn to: <ul style="list-style-type: none"><li>• Manage your emotions and alleviate stress</li><li>• Keep a clear head in high pressure situations</li><li>• Build your self-esteem, confidence and resilience</li></ul> Speaker: Tom Francis, <i>consultant and director of programmes, Momentum Inc</i>
12.30–14.00	<b>Lunch/exhibition/skills zone</b>
14.00–14.45	<b>First-time speakers</b>
14.45–15.30	<b>Nociceptive versus neuropathic pain pathways: clinical considerations to optimise pain management</b> International speaker: Tami Siewinski, <i>RN, BSN, M.Ed chief clinical officer</i> This session will: <ul style="list-style-type: none"><li>• Define the pathways and impact of nociceptor fibers throughout tissue</li><li>• Identify the physiologic changes associated with the inflammatory signalling cascade that directly impacts nociceptor pain signals</li><li>• Review therapeutic options to decrease nociceptor stimulation throughout wounded tissue</li></ul>
15.30–16.00	<b>How do we achieve and measure quality in our services and ensure that we are asking the right questions?</b> Speaker: Helen Shoker, <i>lead nurse, Coventry and Warwickshire Partnership Trust</i>
16.00–16.15	<b>Summary/evaluation and close of event</b>

## Skills zone

These sessions will run throughout the two-day event.

### Debridement skills

Professor David Gray and John McRobert, *Birmingham City University*, will demonstrate the skill of debridement. In particular, focusing on the use of the curettage to remove devitalised tissue from the wound bed.

### Vascular assessment

Veronica Doody, *tissue viability nurse consultant, Healogics Wound Healing Centres*. This session will give a practical demonstration and discuss the pros and cons of vascular screening and diagnostic tools.

### Pressure damage identification

Siobhan Mccoulough, *lead tissue viability nurse specialist, University Hospitals Plymouth NHS Trust*, will discuss ways of identifying non-blanching pressure ulcers in brown and black skin, as well as how to implement diversity awareness in your workplace.

### Teaching platforms in the modern world

Mole Productions will provide delegates with the opportunity to present to a camera, thereby removing the fear of the unknown.

### Moisture-associated skin damage (MASD)

Kirsty Mahoney, *senior tissue viability nurse, Welsh Wound Innovation Centre*, will look at moisture-associated skin damage (MASD), an umbrella term for four distinct types of skin damage, and how healthcare professionals can assess and identify the cause of MASD so it can be managed appropriately with a structured skin care regimen.

### Hidradenitis suppurativa: symptoms and diagnosis

Suzanne Moloney has lived with hidradenitis suppurativa (HS) since her teens. Here, she will share her journey from misdiagnosis, surgery, treatment, and the impact of HS wounds from a patient perspective. She will also provide an overview of HS and how to recognise the signs.

### Wound assessment of the lower limb

Julie Stanton, *chief nurse, Pioneer Wound Telehealth*, will discuss the key principles of accurate assessment of oedema in the lower limb. She will also look at how to find lymphatic soft spots and what these mean, as well as how to improve assessment of the lower limb.

## Call for abstracts and first-time speakers

Submit an abstract — if accepted to present a free paper or as a first-time speaker, you will get one night's FREE accommodation:

[www.woundcare-today.com/conference/call-for-abstracts](http://www.woundcare-today.com/conference/call-for-abstracts)

[www.woundcare-today.com/first-time-speakers](http://www.woundcare-today.com/first-time-speakers)