



Day 1 26 February — Strong foundations in wound care

08.30–10.00

Exhibition opens

10.00–10.15

Opening remarks, setting the scene and introduction of the event's chair, Helen Shoker
Pam Cooper, *clinical director, nurse consultant in tissue viability, lecturer, Birmingham City University*

10.15–11.00

Monty Lyman, author of the *Remarkable Life of the Skin* will discuss the science of the skin
▶ Helping us to look even closer at how fascinating the skin is and how it influences every aspect of our being

11.00–11.30

Clinician versus patient perspectives of chronic oedema: a route to gold standards of care
Rachel Drago, *advanced nurse practitioner lymphoedema, University of Wales, Swansea*

- ▶ Chronic oedema and wounds in primary care are every nurse's business — you do not need to be an expert, novices can make a huge difference
- ▶ Patients report feeling let down by community nurses, pharmacists and general practitioners due to their lack of understanding and empathy
- ▶ What can we, as a multidisciplinary team, do to address these shortfalls in care

11.30–12.00

How do we resolve disparity in wound care services? From grading to role development
Georgina Ritchie, *principal lecturer in family, community and public health, University of Central Lancashire*

- ▶ Recognition of lower limb health as a serious public health issue
- ▶ Empowerment of generalist practitioners to provide therapies to address this public health issue — #couragetocompress
- ▶ Challenging myths through critical thinking in clinical practice

12.00–14.00

Lunch/exhibition/skills zone

14.00–14.45

Wound care management strategies for patients at the end of life
Kevin Woo, *associated professor, Queen's University, University of Toronto, Canada*

- ▶ Appraise the definitions of palliative wound care
- ▶ Examine key concerns related to palliative wound care: HOPPES

14.45–15.15

Thinking out of the box

Luxmi Dhooonmoon, *nurse consultant tissue viability, Central and North West London NHS Foundation*

- ▶ Managing patients with complex wounds
- ▶ Presentation of series of clinical cases
- ▶ Challenging diagnostics and treatment options

15.15–16.15

Break/exhibition/skills zone

<p>16.15 – 17.15</p>	<p>Free papers 16.15–16.25 Use of a hydro-fibre foam to promote wound healing and quality of life in a patient with recessive dystrophic epidermolysis bullosa Samantha Wharton, <i>epidermolysis bullosa CNS, Guy's and St Thomas' Hospital</i> 16.25–16.35 Leg ulcer management: recognising the importance of timely referrals to ensure patients receive optimum care Dina Walster, <i>leg ulcer clinic assistant lead, Nottingham CityCare</i> 16.35–16.45 7 aetiologies of moisture-associated skin damage Kirsty Atkinson, <i>tissue viability nurse, County Durham and Darlington NHS Foundation Trust</i> 16.45–16.55 Scar therapy — the complete next step in care Hannah Poulton, <i>physiotherapist and scar therapist, Leicester</i> 16.55–17.05 Reframing the patient's mindset on compression therapy and overcoming pain Tania Phipps, <i>community nurse, Medway Community Healthcare, Gillingham, Kent</i> 17.05–17.15 Changing the way we look at oedema in order to effectively treat leg ulceration Julie Stanton, <i>associate clinical director, Healogics Wound healing and Lymphoedema Centre, Eastbourne</i></p>
<p>17.15–17.30</p>	<p>Summary/evaluation of today's event</p>
<p>19.00 – 20.00</p>	<p>Drinks reception</p>
<p>20.00</p>	<p>DINNER Wound Care Today guest dinner speaker, Michael J Fitch, The Magician <i>Seeing is Believing</i></p>



Day 2 27 February — Strong foundations in wound care

08.30–9.00

Exhibition opens

09.00–09.30

Managing wounds within the care home setting

Alison Schofield, *tissue viability team lead, clinical nurse, North Lincolnshire and Goole NHS Foundation Trust*;
Pam Cooper, *nurse consultant, Healogics Wound Healing Centres*

- ▶ Best practice or patient safety
- ▶ Making difficult choices

09.30–10.00

Wound care for society's marginalised patients

Dr Jemell Geraghty, *nurse consultant tissue viability, Turning Point, London*

- ▶ How to engage with people who are living with wounds and experiencing homelessness
- ▶ Preventing and managing wounds in people experiencing homelessness

10.00–11.00

Break/exhibition/skills zone

11.00–12.30

Susi McWilliam, author of *Be Free*, will share theoretical and practical skills which can be implemented into daily lives to improve identification of stress and anxiety, increase appropriate support tools and reduce workplace stress

- ▶ As a delegate at the conference, you are someone whose job it is to make the health needs of others a priority. Susi is keen to show you techniques and tools to support your own health and wellbeing, both at work and at home — allowing you to show up as the best version of yourself in all areas.

12.30–14.00

Lunch/exhibition/skills zone

14.00–14.45

First time speakers

14.00–14.15

Case series evaluating thigh-administered intermittent pneumatic compression as an adjunct therapy for patients with hard-to-heal/mixed venous leg ulcers

Hayley Turner-Dobbin, *clinical delivery lead, Accelerate*;

Kirsty Kettley, *other qualified nurse, Welsh Wound Innovation Centre*

14.15–14.30

44% reduction in pressure ulcers year to date in Hampshire Hospitals

NHS Foundation Trust

Haley Coleman-Phillips, *tissue viability improvement clinical lead, Hampshire Hospitals NHS Foundation Trust*

14.30–14.45

Improving quality of life and patient outcomes with compression wraps

Patsy Grant, *tissue viability nurse, NHS Grampian*

14.45–15.30

Tissue viability services and nurses in crisis

- ▶ This expert panel will discuss the role of the TVN and services provided, and channel the audience's experiences into addressing the high levels of experienced staff leaving tissue viability roles. This session will form the basis of a resource tool to support TVNs and future TVNs

Expert panel:

Gemma Davies, *clinical lead*

Siobhan McCullough, *consultant tissue viability nurse*

Lorraine Jones, *tissue viability lead nurset*

Maria Hughes, *independent tissue viability nurse consultant; Queen's Nurse*

Lisa Turley, *clinical strategy manager*

15.30–16.00

Management of trauma wounds

Kirsty Mahoney, *senior tissue viability nurse and operational programme improvement lead, Welsh Wounds Innovation Centre*

- ▶ First aid of traumatic wounds, importance of assessment to prevent delayed healing, salvaging skin flap, debridement and dressing selection of skin flaps

16.00–16.05

Summary/evaluation and close of event

Skill zones

These sessions will be run throughout the two-day event. All delegates can participate either at prearranged times, or at stop-and-learn sessions

Debridement skills

A showcase for debridement methods, in particular curettage, hosted by Professor David Gray and nurse consultant, John McRobert, with practical debridement demonstrations

Complex compression

Using volunteers, Julie Stanton, Healogics Wound Healing Centre, will demonstrate the application of compression wraps and bandaging in both leg ulcer and lymphoedema patients

Mapping the future

Alison Schofield, tissue viability team lead and clinical nurse, North Lincolnshire and Goole NHS Foundation Trust, will explain how pressure mapping tools can help us alleviate pressure in clinical practice

Filming — silence the fear

Mole Digital will provide delegates with the opportunity to present to a camera using an autocue and on-camera interview skills — removing the fear of the unknown



Vascular assessment

Veronica Doody, Healogics Wound Healing Centres, will give a practical demonstration and discuss the pros and cons of screening and diagnostic tools

Compression therapy — getting it right

Justine Whitaker, director and nurse consultant, Northern Lymphology Ltd, will demonstrate and explain how to measure, fit and prescribe compression hosiery
Supported by the British Lymphology Society (BLS)

Exercise for complex lower limb conditions

Carla Zanichelli, lymphoedema specialist physiotherapist, University of London Hospital, will give a practical demonstration of exercises for patients with complexity of the lower limb
Supported by the British Lymphology Society (BLS)

Skin care — a practical demonstration

Sara Burr, community dermatology specialist nurse, Norfolk Community Health and Care NHS Trust, will demonstrate techniques on skin management — from washing limbs, applying creams, lotions, ointments and topical preparations, and how technique and quantity are important to support good skin health