



27 JAN 2022 7.30

DEMYSTIFYING PRESCRIPTION ORDERS FOR





LEARNING OBJECTIVES

- Demystifying the prescription ordering process for compression:
 - What are the pitfalls and how can we avoid them?
 - What are the different dispensing options?
 - Can digital solutions help reduce inaccuracies?
- How to help ensure the patient gets the right product promptly





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WHY DOES PRESCRIBING MATTER?





Management of the swelling is dependent upon the correct compression garment and can be compromised to the point that the garment may no longer fit when it finally arrives if garments are delayed ¹

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WHAT DO WE NEED TO KNOW?

Make sure that the patient gets the right garment as quickly as possible to help manage their condition.

To do this, we need to:

- Understand the process of creating a prescription order accurately
- Know the different ways to order, and to place repeat orders
- Know how to include the patient in supported self-care, including their choice of how to receive the garment



IMPORTANCE OF ACCURATE COMPRESSION DISPENSING

2018/19 survey with 2021 follow-up



Inaccuracies ^{2, 3}



Delays to therapy ²



Wasting clinician time²



Waste and expense ²



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IMPORTANCE OF ACCURATE COMPRESSION DISPENSING

77% expected delays in garment dispensing ³

Most waiting 5-14 days or more to receive prescription³

50% of compression garments were dispensed inaccurately ⁴

61% anticipated issues arising from inaccurate dispensing ³





IMPORTANCE OF ACCURATE COMPRESSION DISPENSING



61% of clinicians prefer the garment to be delivered to the patient's home³



Most common route for prescription is through a pharmacy³



Dispensing Appliance Contractors (DACs) provide an alternative route with expertise in compression³





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BACKGROUND INFORMATION ON PRESCRIBING





GLOSSARY – PRESCRIBING TERMS

- **Prescription** is a legal document provided by a prescribing NHS healthcare professional and authorises the patient to be provided with a compression garment by the NHS. Prescription fees are applicable (England only) unless exempt.
- Drug Tariff is produced by the NHS Business Service Authority (NHSBSA) and is a list of items that are available for reimbursement on an NHS prescription. Lymphoedema compression garments are listed under Part IXA (Appliances).
- **Drug Tariff code** is an NHS dispensing code that must be listed on the NHS prescription form to allow the lymphoedema compression garment to be dispensed.
- Electronic Prescription Service (EPS) enables prescriptions to be sent electronically from the GP practice to the pharmacy or DAC removing the need for the patient to collect the printed copy from their GP.
- Nomination is when a patient chooses who they would like to dispense their compression garment. The EPS is sent to their dispenser of choice, either a pharmacy or a DAC. The patient can change or cancel their dispenser of choice at any time.
- A **Pharmacy** is mainly located in the high-street and offers many services including dispensing of an NHS prescription for a compression garment. Patient usually collects from the pharmacy, although they may provide delivery options.
- A **Dispensing Appliance Contractor** (DAC) is a business contracted to the NHS to provide a dispensing service by post. They specialise in compression prescriptions, which helps ensure accurate and fast dispensing to any UK address.
- **Prescription request letter** is helpful for the healthcare profession in creating the compression garment prescription as it details the Drug Tariff codes and description of the compression garment for the patient.





DIFFERENT TYPES OF COMPRESSION GARMENTS

There are different types of compression products, and you can find them in different places in the Drug Tariff.

You therefore need to know the type of compression you are prescribing.

For example:

- Elastic hosiery
- Lymphoedema garments
- Venous Ulcer Compression System





LYMPHOEDEMA GARMENT CATEGORY

We're going to focus on the treatment of patients with chronic oedema, lymphoedema and associated conditions.

Compression within this category tends to fall into three groups:



WHY DO WE NEED TO DEMYSTIFY THE PROCESS?









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LEARNING ABOUT PRESCRIBING THROUGH A PATIENT SCENARIO





CASE STUDY

MRS

WALKER

80-year-old lady Discharged from hospital Post episode of cellulitis, chronic oedema in right leg Referred to District Nursing team

- Assessment & oedema reduction
- Measured for garment
- Prescription raised by GP
- Husband takes to pharmacy
- Pharmacy orders from manufacturer via wholesaler
- 4 weeks for garment
- Garment does not fit

- Nurse prescriber remeasures
- Husband takes to pharmacy
- No garment arrives
- 9 weeks with no compression
- Husband frustrated
- Develops signs of cellulitis
- GP visits & prescribes antibiotics

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Husband files complaint

How could this have been managed differently?

WOUND CARE TODAY

What difference

would it have made

to the patient

outcome?

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STEP 1: ASSESS AND MEASURE





STEP 1: ASSESS

Considering clinical needs and patient requirements



- Range of products, styles, compression classes and options
- Manufactured to patient's individual measurements

WOUND CARE TODAY

- Range of products, styles, compression classes and sizes
- Patient measured to determine size

- Range of products styles, compression classes and sizes
- Patient measured to determine size



STEP 1: ASSESS Which compression garment does Mrs Walker need?



STEP 1: MEASURE



STEP 1: MEASURE Let's measure Mrs Walker for her garment





Requires a below-knee, custom-fit, flat-knit, compression garment to manage her chronic oedema

Measure from the foot up to the knee

- circumference up to the knee
- leg length up to the knee
- foot measurements

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STEP 2: COMPLETE THE MEASURING/ ORDER FORM





STEP 2 Filling out the form is different depending on whether you need custom-fit or ready-to-wear

CUSTOM-FIT Complete measuring form





STEP 2 What does Mrs Walker's measurement form look like?



- Quantity, style, colour and compression class
- Measurements for below-knee (AD) garment
- ✓ Options closed-toe and T-heel ticked
- ✓ Slant, closed-toe measurements
- Healthcare professional contact details
- ✓ Patient's name, DOB
- ✓ Delivery address

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STEP 3: COMPLETE THE PRESCRIPTION REQUEST FORM (IF A NON-PRESCRIBER)





STEP 3 Complete a prescription request form

JOBST[®] Elvarex[®] Custom-Fit



Dear Prescriber

Following a full assessment, it is my recommendation that the above patient is supplied with JOBST® Everce® Custom-Fit or JOBST® Everce® Soft Custom-Fit compression agreent(s). Please could you therefore provide a prescription for the following as soon as possible. In addition, please add to repeat prescription to facilitate patient self-ordering.

		A	D Belo	ow Knee			
	JOBST [®] Elvare	2X [®]			JOBST [®] Elvarex [®]	Soft	
Style	Compression Class	Drug Tariff Code	Qty	Style	Compression Class	Drug Tariff Code	Qty
AD Below Knee	CCL 1 (18·21mmHg)	L1-01-04		AD Below Knee	CCL 1 (18-21mmHg)	L1·10·04	
AD Below Knee	CCL 2 (23-32mmHg)	L2·02·04		AD Below Knee	CCL 2 (23·32mmHg)	L2:08:04	
AD Below Knee	CCL 3 (34·46mmHg)	L3·03·04		AD Below Knee	CCL 3 (34-46mmHg)	L3-09-04	
AD Below Knee	CCL 3F (34-46mmHg)	L3·04·04					
AD Below Knee	CCL 4 (49·70mmHg)	L4·05·04					
AD Below Knee	CCL 45 (60-90mmHg)	L5-06-04					
Style	Options	Drug Tariff Code		Style	Options	Drug Tariff Code	
AD Below Knee	Closed Toe	L-A001		AD Below Knee	Closed Toe	L-A001S	
AD Below Knee	2 Ankle pad (profile)	L-A002		AD Below Knee	Silicone band	L-A0045	
AD Below Knee	Zipper	L-A003		AD Below Knee	Non-standard colour	L-A0085	
AD Below Knee	Silicone band	L-A004		AD Below Knee	T-Heel	L-A0IOS	
AD Below Knee	Non-standard colour	L-A008		AD Below Knee	SoftFit	L-A0165	
AD Below Knee	T-Heel (CCL 2-3F only)	L-A010					
AD Below Knee	SoftFit (CCL 1-3 only)	L-A016					

Please state quantity in appropriate boxes for compression class and option(s) so that ALL necessary codes can be ncluded on the prescription.

Schema Number (for repeat orders):______ Note: this number can be found on the Reorder Letter included in the original garment.

The pharmacist will need the measurement / order form to place the order with the manufacturer and this is attached (please note this is not required for repeat orders when quoting the schema number). The measurement form should be given to the patient, with the prescription, to take to the pharmacist / post to the postal prescription service provider. Please scan this document into the patient's records as this is patient specific.

hank you for your assistance.	
	Healthcare Professional
	Contact telephone number, in case of query

Any queries, please call the manufacturer: Essity, T/A BSN medical Limited Customer Services: 0845 122 3600 or email: compression.uk@jobst.com

The prescriber needs to know the details for the prescription

- A prescription request form helps ensure the prescription is raised accurately
- It should list all Drug Tariff codes and descriptions for the compression garment
- It must match the measuring form
- Prescriber can use this information to create the prescription

STEP 3 Mrs Walker's prescription request form

Prescription request form used by prescriber to create prescription



JOBST[®] Elvarex[®] Custom-Fit Please ask your patient to present this form to their prescriber to obtain their compression garments on prescripti atient Name. Hilary Walke Date of Birth. 25/11/1949 13/1/202 Ledbury Community Contact Number: 1234 567-890 Alison Bark Dear Prescribe following a full assessment, it is my recon endation that the above patient is supplied with JOBST[®] Elvarex[®] Custo Fit or JOBST® Elvarex® Soft Custom-Fit compression garment(s). Please could you therefore provide a prescription for JOBST[®] Elv L3-09-04 L3-04-04 L4-05-04 L5-06-04 ug Tariff Co Closed Toe L-A001 Closed To I-40015 Below Knee 2 Ankle pad (profile) L-A002 AD Below Kno Silicone band 1-40045 L-A003 AD Below Kn L:A004 AD Below Kne T-Heel L-A0105 Below Kni Silicone band Below Kn Non-standard colour L-A008 AD Below Kne SoftFit L-A0165 Heel (CCL 2-3E only) 1-4010 Please state quantity in appropriate boxes for compression class and option(s) so that ALL necessary codes car Schema Number (for repeat orders): Note: this number can be found on the Reorder Letter included in the original garmen The pharmacist will need the measurement / order form to place the order with the manufacturer and this is attached (please note this is not required for repeat orders when quoting the schema number). The measurem form should be given to the patient, with the prescription, to take to the pharmacist / post to the postal prescription as this is patient specific. Repeat prescription required every Thank you for your assistance Alison Barker Healthcare Professiona 1234 567-890 Contact telephone number, in case of query Any queries please call the manufacturer Essity, T/A BSN medical Limited Customer Services: 03451223600 or email: compression.uk@iobst.com

Base garment: product, style and compression class, Drug Tariff code

Options: closedtoe, T-heel with Drug Tariff codes

Repeat prescription request

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STEP 4: RAISE A PRESCRIPTION





STEP 4: RAISE A PRESCRIPTION



The prescriber needs to create the prescription

- Prescriber uses a prescribing system to create the prescription
- All Drug Tariff codes from the prescription request form must be on the prescription
- A mismatch between prescription and measuring form can delay the ordering process
- If patient is exempt from prescription charges, the box on the reverse of the prescription needs to be ticked (England only)

STEP 4: What does Mrs Walker's prescription look like?



- 3 items on the one prescription
- Mrs Walker is exempt from prescription charges so reverse of form is ticked
- What if Mrs Walker needed two compression garments?
 - quantity to state 2
 - closed toe L-A001 x 2

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STEP 5: CHOOSE WHETHER TO USE EPS





STEP 5: WHAT IS EPS AND NOMINATION?



Electronic Prescription Service

- Does not need to collect the paper prescription from their GP Surgery
- Needs to 'nominate' a pharmacy or DAC to dispense their compression prescriptions
- Prescription digitally signed and sent electronically from the GP Surgery to the pharmacy or DAC

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STEP 6: SEND PRESCRIPTION AND MEASURING FORM TO DISPENSER





STEP 6: SEND PRESCRIPTION AND MEASURING FORM TO DISPENSER



Pharmacy

Patient takes measuring form and prescription to pharmacy

OR

 Patient takes measuring form only to pharmacy as prescription sent via EPS

Dispensing Appliance Contractor (DAC)

 Patient posts measuring form and prescription to DAC using freepost envelope

OR

 Patient posts measuring form only to DAC in freepost envelope as prescription sent via EPS
STEP 6: WHAT IS A DISPENSING APPLIANCE CONTRACTOR (DAC)?

Home delivery dispensing option for the patient





patientcholice

- Business contracted to the NHS to provide a dispensing service
- Specialise in dispensing of compression prescriptions
- Expertise helps ensure fast and accurate dispensing
- Home delivery or other convenient location
- Free delivery to any UK address
- Prescription can be received by post or EPS
- Measuring form usually received by post
- Fast delivery

JOBST Delivered is operated by Daylong Direct, 10 Cossall Industrial Estate, Ilkeston, Derby, DE7 5UG * from receipt of a complete order and prescription, subject to stock availability

STEP 6: USING A DAC WITH ONLINE ORDERING

Digital solution: JOBST Delivered & JOBST Online

- Guides you through creation of a compression garment
- Instantly see if the garment is available on prescription
- Alerts highlight if measurement not within expected range
- Intuitive system only allows complete orders to be sent
- JOBST Delivered selected as dispenser
- Prescription request form generated for each order
- Prescription sent to JOBST Delivered via post or EPS
- JOBST Delivered dispense garment to patient
- Patient order history for easy online reordering





JOBST Delivered is operated by Daylong Direct, 10 Cossall Industrial Estate, Ilkeston, Derby, DE7 5UG

STEP 6: WHERE DID MRS WALKER SEND HER PRESCRIPTION AND MEASURING FORM?





- Nominated DAC through GP
- GP raised prescription using prescription request form
- Prescription sent via EPS
- Measuring form sent in freepost envelope
- Delivery address to clinic
- Clinician wanted to check fit

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STEP 7: DISPENSER ORDERS THE COMPRESSION GARMENT





STEP 7: DAC ORDERS MRS WALKER'S COMPRESSION GARMENT





- DAC checks order
- Prescription matches measuring form
- Measuring form complete
- Mrs Walker is exempt from prescription fees and form ticked
- DAC happy with order and sends to manufacturer

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STEP 8: MANUFACTURER PRODUCES THE COMPRESSION GARMENT





STEP 8: MRS WALKER'S GARMENT IS PRODUCED

According to the measuring form

All information on the order form No delays



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STEP 9: GARMENT DISPENSED





STEP 9: GARMENT DISPENSED





DAC

Patient collects from pharmacy

DAC sends by post to delivery address on measuring form





STEP 9: MRS WALKER RECEIVES HER GARMENT



- DAC posts garment to the clinic
- Delivered in 7 working days from receipt of order
- Clinician fits the garment
- Donning and care instructions provided
- An exact repeat of this compression garment is needed so Mrs Walker has one to wash and one to wear
- Re-order letter inside the garment has Drug Tariff codes and garment description
- Mrs Walker to obtain a repeat prescription from her GP and quote the reorder number from the letter

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STEP 10: REPEAT ORDERING





STEP 10: REPEAT ORDERING

- Garments usually need replacing every 6 months
- A repeat prescription must contain all Drug Tariff codes and garment description
- Measuring form does not need to be sent to the dispenser but instead the manufacturer uses the reorder code to produce a repeat of the custom-fit compression garment
- Re-assessment of patient's limb and re-measuring may be required at 6 monthly review



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STEP 10: WHAT HAPPENED TO MRS WALKER



- The GP set up a repeat prescription every six months
- Mrs Walker continued to use a DAC, but requested home delivery
- She was compliant with treatment and wore her compression garment regularly
- Mrs Walker knew who to contact if she had any concerns but did not need to see her clinician every six months for a reassessment
- She followed the advice about caring for her skin and checked her leg regularly
- Mrs Walker was able to enjoying her usual activities





WANT TO LEARN MORE?

Request the prescribing support pack when you download your certificate



Other support:

- Register for JOBST Online <u>www.jobstonline.co.uk</u>
- Email Essity for support <u>concierge.service@essity.com</u>





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